

2021 Vigars & Salter WESTERN INVITATIONAL

46th year for ths meet / Sat. Sept 25

2021-09-25

2021-09-25 - 2021-09-25

35th yr @ Thames Valley - cancelled 2020

Event # 2 MENS 8Km Run

START @ 10:50am

Conditions:°C

MEET RECORD:Corey Bellemore Windsor lancers 24:41.00 26-Sep2016

! COURSE RECORD:Corey Bellemore Windsor Lancers 24:41.00 26-Sep2016

\$ POINTS RECORD:Eastern Mich Eagles 25 pts [1-4-5-7-8] 22-Sep2007

% TEAM TIME RECORD:WesternMustangs 2:06:23 [sum of 5] avg 25:17 for 5 WI 2016

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	GUELPH GRYPHONS	33	1-6-7-9-10	22-23	2:08:11	3:13	25:39	0:27
2	LAVAL ROUGE ET OR	37	2-4-5-8-18	19-20	2:08:26	3:13	25:42	0:46
3	MCMASTER MARAUDERS	111	3-12-25-28-43	53-64	2:11:31	3:18	26:19	1:37
4	QUEENS GAELS	120	13-15-21-32-39	45-49	2:11:44	3:18	26:21	0:59
5	WESTERN MUSTANGS	122	11-14-30-33-34	37-46	2:11:50	3:18	26:22	0:55
6	TORONTO VARSITYBLUES	133	16-24-26-31-36	50-62	2:12:31	3:19	26:31	0:47
7	UNB REDS	205	27-29-35-54-60		2:15:33	3:24	27:07	1:21
8	WINDSOR LANCERS	295	17-51-61-80-86	87-94	2:20:17	3:31	28:04	3:31
9	LAURIER GOLDEN HAWKS	307	38-41-58-79-91	92-96	2:20:46	3:32	28:10	3:08
10	BROCK BADGERS	315	44-52-67-74-78	85-95	2:20:57	3:32	28:12	1:59
11	WATERLOO WARRIORS	336	55-65-71-72-73	83-99	2:22:17	3:34	28:28	1:10
12	LAURENTIAN VOYAGEURS	347	48-59-75-77-88	97-102	2:22:49	3:35	28:34	2:21
13	NIPISSING LAKERS	425	68-76-84-93-104	106-107	2:29:02	3:44	29:49	3:19
	ALBERTA GOLDEN BEARS		19-25-32-49					
	YORK LIONS		93-96-100-113					

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	133	Mitchell Ubene		E5	GUELPH GRYPHONS	1	3:11	25:21
2	2	161	Jonathan Tedeschi		E3	LAVAL ROUGE ET OR	1	3:11	25:26
3	3	162	Alex Drover		E4	MCMASTER MARAUDERS	1	3:11	25:27
4	4	155	Jean-Simon Desgagnes		E4	LAVAL ROUGE ET OR	2	3:12	25:29
5	5	156	Thomas Fafard		E1	LAVAL ROUGE ET OR	3	3:12	25:35
6	6	124	Nicholas Bannon		E3	GUELPH GRYPHONS	2	3:12	25:36
7	7	130	Alec Purnell		E3	GUELPH GRYPHONS	3	3:13	25:38
8	8	158	Philippe Morneau-Cartier		R	LAVAL ROUGE ET OR	4	3:13	25:44
9	9	127	Kyle Madden		E4	GUELPH GRYPHONS	4	3:14	25:48
10	10	128	John Perrier		E3	GUELPH GRYPHONS	5	3:14	25:48
11	11	221	Ethan Loucks		E3	WESTERN MUSTANGS	1	3:14	25:48
12	12	166	Josh McGillivray		E5	MCMASTER MARAUDERS	2	3:14	25:51
13	13	184	Mitchell Kirby		E4	QUEENS GAELS	1	3:14	25:52
14	14	225	Marcel Scheele		E2	WESTERN MUSTANGS	2	3:15	25:57
15	15	186	Roman Mironov		R	QUEENS GAELS	2	3:15	25:59
16	16	199	Ben Shore		2	TORONTO VARSITYBLUES	1	3:15	26:00
17	17	236	Josh Zilles		E5	WINDSOR LANCERS	1	3:16	26:02
18	18	154	Louis-Philippe Cote		R	LAVAL ROUGE ET OR	5	3:17	26:12
19	19	109	Will Cebuliak		E2	ALBERTA GOLDEN BEARS	1	3:17	26:14
20	19	159	Rudy Saal		R	LAVAL ROUGE ET OR	6	3:17	26:14
21	20	160	William Simoneau		E1	LAVAL ROUGE ET OR	7	3:18	26:19

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START @ 10:50am

Conditions:°C

MEET RECORD:Corey Bellemore Windsor lancers 24:41.00 26-Sep2016

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22	21	179	Miles Brackenbury	E2	QUEENS GAELS	3	3:18	26:21
23	22	132	Adam Schmidt	E2	GUELPH GRYPHONS	6	3:18	26:23
24	23	125	Kalum Delaney	E3	GUELPH GRYPHONS	7	3:19	26:26
25		108	Logan Arthur	E2	ALBERTA GOLDEN BEARS	2	3:19	26:28
26	24	198	Brandon Raftis	2	TORONTO VARSITYBLUES	2	3:19	26:30
27	25	169	Ryan Tyrrell	E5	MCMASTER MARAUDERS	3	3:19	26:32
28	26	195	Dilan Brar	3	TORONTO VARSITYBLUES	3	3:20	26:34
29	27	201	William Boyle	R	UNB REDS	1	3:20	26:36
30	28	165	David Marchant	E3	MCMASTER MARAUDERS	4	3:20	26:37
31	29	204	Jared Howse	R	UNB REDS	2	3:20	26:37
32		111	Cassian Murray-White	E2	ALBERTA GOLDEN BEARS	3	3:20	26:38
33	30	216	Greg Danayan	E4	WESTERN MUSTANGS	3	3:20	26:39
34	31	193	Nima Ashtari	R	TORONTO VARSITYBLUES	4	3:20	26:40
35	32	190	Jude Wheeler-Dee	R	QUEENS GAELS	4	3:21	26:41
36	33	218	Jacob Halloran	E4	WESTERN MUSTANGS	4	3:21	26:43
37	34	223	Mark Royce	R	WESTERN MUSTANGS	5	3:21	26:43
38	35	202	Isaac Cull	E4	UNB REDS	3	3:21	26:46
39	36	200	Chris Taylor	3	TORONTO VARSITYBLUES	5	3:21	26:47
40	37	220	Kyle Koyanagi	E2	WESTERN MUSTANGS	6	3:21	26:48
41	38	153	Ian Young	R	LAURIER GOLDEN HAWKS	1	3:22	26:50
42	39	188	Will Pidduck	E2	QUEENS GAELS	5	3:22	26:51
43	40	129	David Poloni	E4	GUELPH GRYPHONS	8	3:22	26:52
44	41	143	Joey Hardy	E4	LAURIER GOLDEN HAWKS	2	3:22	26:56
45	42	131	Christian Rachner	E1	GUELPH GRYPHONS	9	3:23	27:00
46	43	170	Evan Ubene	E5	MCMASTER MARAUDERS	5	3:23	27:04
47	44	123	Jacques Tiessen	E3	BROCK BADGERS	1	3:24	27:06
48	45	187	Ben Miske	R	QUEENS GAELS	6	3:24	27:08
49		113	Ben Workman	E5	ALBERTA GOLDEN BEARS	4	3:24	27:11
50	46	222	Erik Ohrling	E3	WESTERN MUSTANGS	7	3:25	27:14
51	47	219	Eric Klassen	E2	WESTERN MUSTANGS	8	3:25	27:15
52	48	141	Keon Wallingford	E2	LAURENTIAN VOYAGEURS	1	3:25	27:16
53	49	180	Dan Coolican	R	QUEENS GAELS	7	3:25	27:18
54	50	197	Rohan Nowbotsing	2	TORONTO VARSITYBLUES	6	3:25	27:19
55	51	234	Jonathan Rioux	E3	WINDSOR LANCERS	2	3:25	27:20
56	52	115	Joseph Dick	E3	BROCK BADGERS	2	3:25	27:20
57	53	163	Connor Lashley	E1	MCMASTER MARAUDERS	6	3:27	27:30
58	54	205	Mitchell Kean	E2	UNB REDS	4	3:28	27:37
59	55	209	Adam Huras	R	WATERLOO WARRIORS	1	3:28	27:40
60	56	215	Alex Broekhuysen	E4	WESTERN MUSTANGS	9	3:28	27:44
61	57	226	Adrian Stubberfield	R	WESTERN MUSTANGS	10	3:29	27:46
62	58	146	Rahil Kachalia	E3	LAURIER GOLDEN HAWKS	3	3:29	27:52
63	59	139	Calum Passi	R	LAURENTIAN VOYAGEURS	2	3:30	27:54
64	60	203	Quinn Eberts	R	UNB REDS	5	3:30	27:57

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65	61	232	Ryan Mutuchky	E2	WINDSOR LANCERS	3	3:31	28:02
66	62	191	Nathaniel Abell	2	TORONTO VARSITYBLUES	7	3:32	28:09
67	63	224	Justin Sanders	R	WESTERN MUSTANGS	11	3:32	28:13
68	64	164	Jason Lowrie	E2	MCMASTER MARAUDERS	7	3:34	28:27
69	65	208	Massimo Calcagno	R	WATERLOO WARRIORS	2	3:34	28:29
70	66	217	Jan Fiedler	E3	WESTERN MUSTANGS	12	3:34	28:30
71	67	120	Luke Patrick	E3	BROCK BADGERS	3	3:34	28:32
72	68	171	Ethan Aarts	R	NIPISSING LAKERS	1	3:35	28:34
73	69	189	Sam Seshadri	E3	QUEENS GAELS	8	3:35	28:36
74	70	192	Moses Aidoo	R	TORONTO VARSITYBLUES	8	3:35	28:37
75	71	213	Alexander Stratmoen	R	WATERLOO WARRIORS	3	3:35	28:39
76	72	211	Jonathan Lysack	R	WATERLOO WARRIORS	4	3:35	28:39
77	73	207	Josh Bird	E3	WATERLOO WARRIORS	5	3:37	28:50
78	74	121	Nick Reimer	E2	BROCK BADGERS	4	3:37	28:54
79	75	140	Paul Sagriff	E3	LAURENTIAN VOYAGEURS	3	3:38	28:59
80	76	177	Alex Maycock	E2	NIPISSING LAKERS	2	3:38	29:03
81	77	137	Nicholas Lambert	E2	LAURENTIAN VOYAGEURS	4	3:38	29:03
82	78	122	Duncan Steyn	E3	BROCK BADGERS	5	3:39	29:05
83	79	144	Eric Hill	E2	LAURIER GOLDEN HAWKS	4	3:39	29:10
84	80	227	Brayden DeGrace	E2	WINDSOR LANCERS	4	3:40	29:20
85	81	181	Myles De Castro	R	QUEENS GAELS	9	3:41	29:22
86	82	182	Adam Woehl	R	QUEENS GAELS	10	3:41	29:24
87	83	212	Riley Mills	E1	WATERLOO WARRIORS	6	3:41	29:25
88	84	175	Matthew Leale	E1	NIPISSING LAKERS	3	3:42	29:29
89	85	119	Jarryd Ling	E3	BROCK BADGERS	6	3:42	29:31
90	86	228	Liam Fitzgerald	R	WINDSOR LANCERS	5	3:42	29:33
91	87	229	Cole Hannam	E4	WINDSOR LANCERS	6	3:42	29:35
92	88	134	Cameron Date	E2	LAURENTIAN VOYAGEURS	5	3:43	29:37
93		239	Phillip Hammell	E1	YORK LIONS	1	3:43	29:42
94	89	185	Jordan Raftis	R	QUEENS GAELS	11	3:44	29:49
95	90	183	McSweeney Kieran	E1	QUEENS GAELS	12	3:44	29:49
96		238	Brandon Cidade	E1	YORK LIONS	2	3:44	29:53
97	91	149	Davis Rutledge	E1	LAURIER GOLDEN HAWKS	5	3:45	29:58
98	92	142	Jordan Frieberg	R	LAURIER GOLDEN HAWKS	6	3:45	29:59
99	93	173	Oliver Czerny-Holownia	R	NIPISSING LAKERS	4	3:46	30:03
100		240	Burak Simsek	E2	YORK LIONS	3	3:46	30:05
101	94	233	Ronan Radovich	R	WINDSOR LANCERS	7	3:48	30:23
102	95	114	Riley Coles	R	BROCK BADGERS	7	3:49	30:28
103	96	151	Braydon Trowbridge	R	LAURIER GOLDEN HAWKS	7	3:50	30:34
104	97	138	Patrick Leroux	R	LAURENTIAN VOYAGEURS	6	3:51	30:43
105	98	235	Andrew Taylor	R	WINDSOR LANCERS	8	3:54	31:05
106	99	206	Ryan Beauregard	R	WATERLOO WARRIORS	7	3:54	31:05
107	100	148	Jack Langille	E1	LAURIER GOLDEN HAWKS	8	3:55	31:18

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108	101	214	Vraj Thakar	R	WATERLOO WARRIORS	8	3:58	31:40
109	102	136	Adam Kalab	E2	LAURENTIAN VOYAGEURS	7	3:58	31:44
110	103	135	Cameron Heinz	R	LAURENTIAN VOYAGEURS	8	3:59	31:47
111	104	178	Noah Sullivan	E1	NIPISSING LAKERS	5	4:00	31:53
112	105	152	Casey Van Dorp	E1	LAURIER GOLDEN HAWKS	9	4:06	32:41
113		237	Christopher Basso	E2	YORK LIONS	4	4:06	32:48
114	106	176	Andrew Machan	E1	NIPISSING LAKERS	6	4:08	33:04
115	107	172	Noah Cornish	E2	NIPISSING LAKERS	7	4:10	33:17
116	108	150	Ethan Scott	R	LAURIER GOLDEN HAWKS	10	4:15	33:58
117	109	174	Carter Henschel	E2	NIPISSING LAKERS	8	4:23	34:59
118	110	147	Magnus Krever	E2	LAURIER GOLDEN HAWKS	11	4:28	35:44
119	111	145	Eric Hill 2	E2	LAURIER GOLDEN HAWKS	12	4:30	35:57

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TEAM: GUELPH GRYPHONS SCORE: 33 PLACE: 1

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Mitchell Ubene		E5	133	25:21	3:11	5:06
6-6	Nicholas Bannon		E3	124	25:36	3:12	5:09
7-7	Alec Purnell		E3	130	25:38	3:13	5:10
10-10	John Perrier		E3	128	25:48	3:14	5:12
9-9	Kyle Madden		E4	127	25:48	3:14	5:12
23-22	Adam Schmidt		E2	132	26:23	3:18	5:19
24-23	Kalum Delaney		E3	125	26:26	3:19	5:20
43-40	David Poloni		E4	129	26:52	3:22	5:25
45-42	Christian Rachner		E1	131	27:00	3:23	5:26
Top 5 Total Time:		2:08:11			Top 5 Average Time:	25:39	
Top 5 Average per KM:		3:13			Top 5 Average Per MILE:	5:10	
1 - 5 Split:		0:27			1 - 7 Split:	1:05	
Top 7 Total Time:		3:1:00			Top 7 Average Time:	25:52	

TEAM: LAVAL ROUGE ET OR SCORE: 37 PLACE: 2

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Jonathan Tedeschi		E3	161	25:26	3:11	5:07
4-4	Jean-Simon Desgagnes		E4	155	25:29	3:12	5:08
5-5	Thomas Fafard		E1	156	25:35	3:12	5:09
8-8	Philippe Morneau-Cartier		R	158	25:44	3:13	5:11
18-18	Louis-Philippe Cote		R	154	26:12	3:17	5:17
20-19	Rudy Saal		R	159	26:14	3:17	5:17
21-20	William Simoneau		E1	160	26:19	3:18	5:18
Top 5 Total Time:		2:08:26			Top 5 Average Time:	25:42	
Top 5 Average per KM:		3:13			Top 5 Average Per MILE:	5:11	
1 - 5 Split:		0:46			1 - 7 Split:	53	
Top 7 Total Time:		3:0:59			Top 7 Average Time:	25:52	

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TEAM: MCMASTER MARAUDERS SCORE: 111 PLACE: 3

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-3	Alex Drover		E4	162	25:27	3:11	5:08
12-12	Josh McGillivray		E5	166	25:51	3:14	5:13
27-25	Ryan Tyrrell		E5	169	26:32	3:19	5:21
30-28	David Marchant		E3	165	26:37	3:20	5:22
46-43	Evan Ubene		E5	170	27:04	3:23	5:27
57-53	Connor Lashley		E1	163	27:30	3:27	5:32
68-64	Jason Lowrie		E2	164	28:27	3:34	5:44
Top 5 Total Time:		2:11:31	Top 5 Average Time:		26:19		
Top 5 Average per KM:		3:18	Top 5 Average Per MILE:		5:18		
1 - 5 Split:		1:37	1 - 7 Split:		3:00		
Top 7 Total Time:		3:7:28	Top 7 Average Time:		26:47		

TEAM: QUEENS GAELS SCORE: 120 PLACE: 4

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
13-13	Mitchell Kirby		E4	184	25:52	3:14	5:13
15-15	Roman Mironov		R	186	25:59	3:15	5:14
22-21	Miles Brackenbury		E2	179	26:21	3:18	5:19
35-32	Jude Wheeler-Dee		R	190	26:41	3:21	5:23
42-39	Will Pidduck		E2	188	26:51	3:22	5:25
48-45	Ben Miske		R	187	27:08	3:24	5:28
53-49	Dan Coolican		R	180	27:18	3:25	5:30
73-69	Sam Seshadri		E3	189	28:36	3:35	5:46
86-82	Adam Woehl		R	182	29:24	3:41	5:55
85-81	Myles De Castro		R	181	29:22	3:41	5:55
95-90	McSweeney Kieran		E1	183	29:49	3:44	6:00
94-89	Jordan Raftis		R	185	29:49	3:44	6:00
Top 5 Total Time:		2:11:44	Top 5 Average Time:		26:21		
Top 5 Average per KM:		3:18	Top 5 Average Per MILE:		5:18		
1 - 5 Split:		0:59	1 - 7 Split:		1:26		
Top 7 Total Time:		3:6:10	Top 7 Average Time:		26:36		

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TEAM: WESTERN MUSTANGS SCORE: 122 PLACE: 5

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-11	Ethan Loucks		E3	221	25:48	3:14	5:12
14-14	Marcel Scheele		E2	225	25:57	3:15	5:14
33-30	Greg Danayan		E4	216	26:39	3:20	5:22
36-33	Jacob Halloran		E4	218	26:43	3:21	5:23
37-34	Mark Royce		R	223	26:43	3:21	5:23
=====							
40-37	Kyle Koyanagi		E2	220	26:48	3:21	5:24
50-46	Erik Ohrling		E3	222	27:14	3:25	5:29
=====							
51-47	Eric Klassen		E2	219	27:15	3:25	5:29
61-57	Adrian Stubberfield		R	226	27:46	3:29	5:36
60-56	Alex Broekhuysse		E4	215	27:44	3:28	5:35
67-63	Justin Sanders		R	224	28:13	3:32	5:41
70-66	Jan Fiedler		E3	217	28:30	3:34	5:44
Top 5 Total Time:		2:11:50			Top 5 Average Time:	26:22	
Top 5 Average per KM:		3:18			Top 5 Average Per MILE:	5:19	
1 - 5 Split:		0:55			1 - 7 Split:	1:26	
Top 7 Total Time:		3:5:52			Top 7 Average Time:	26:34	

TEAM: TORONTO VARSITYBLUES SCORE: 133 PLACE: 6

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
16-16	Ben Shore		2	199	26:00	3:15	5:14
26-24	Brandon Raftis		2	198	26:30	3:19	5:20
28-26	Dilan Brar		3	195	26:34	3:20	5:21
34-31	Nima Ashtari		R	193	26:40	3:20	5:22
39-36	Chris Taylor		3	200	26:47	3:21	5:24
=====							
54-50	Rohan Nowbotsing		2	197	27:19	3:25	5:30
66-62	Nathaniel Abell		2	191	28:09	3:32	5:40
=====							
74-70	Moses Aidoo		R	192	28:37	3:35	5:46
Top 5 Total Time:		2:12:31			Top 5 Average Time:	26:31	
Top 5 Average per KM:		3:19			Top 5 Average Per MILE:	5:20	
1 - 5 Split:		0:47			1 - 7 Split:	2:09	
Top 7 Total Time:		3:7:59			Top 7 Average Time:	26:52	

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TEAM: UNB REDS

SCORE: 205 PLACE: 7

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
29-27	William Boyle		R	201	26:36	3:20	5:22
31-29	Jared Howse		R	204	26:37	3:20	5:22
38-35	Isaac Cull		E4	202	26:46	3:21	5:24
58-54	Mitchell Kean		E2	205	27:37	3:28	5:34
64-60	Quinn Eberts		R	203	27:57	3:30	5:38

Top 5 Total Time:	2:15:33	Top 5 Average Time:	27:07
Top 5 Average per KM:	3:24	Top 5 Average Per MILE:	5:28
1 - 5 Split:	1:21	1 - 7 Split:	
Top 7 Total Time:		Top 7 Average Time:	

TEAM: WINDSOR LANCERS

SCORE: 295 PLACE: 8

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
17-17	Josh Zilles		E5	236	26:02	3:16	5:15
55-51	Jonathan Rioux		E3	234	27:20	3:25	5:30
65-61	Ryan Mutuchky		E2	232	28:02	3:31	5:39
84-80	Brayden DeGrace		E2	227	29:20	3:40	5:55
90-86	Liam Fitzgerald		R	228	29:33	3:42	5:57
91-87	Cole Hannam		E4	229	29:35	3:42	5:58
101-94	Ronan Radovich		R	233	30:23	3:48	6:07
105-98	Andrew Taylor		R	235	31:05	3:54	6:16

Top 5 Total Time:	2:20:17	Top 5 Average Time:	28:04
Top 5 Average per KM:	3:31	Top 5 Average Per MILE:	5:39
1 - 5 Split:	3:31	1 - 7 Split:	4:21
Top 7 Total Time:	3:20:15	Top 7 Average Time:	28:37

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TEAM: LAURIER GOLDEN HAWKS SCORE: 307 PLACE: 9

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
41-38	Ian Young		R	153	26:50	3:22	5:24
44-41	Joey Hardy		E4	143	26:56	3:22	5:26
62-58	Rahil Kachalia		E3	146	27:52	3:29	5:37
83-79	Eric Hill		E2	144	29:10	3:39	5:53
98-92	Jordan Frieberg		R	142	29:59	3:45	6:02
=====							
97-91	Davis Rutledge		E1	149	29:58	3:45	6:02
103-96	Braydon Trowbridge		R	151	30:34	3:50	6:09
=====							
107-100	Jack Langille		E1	148	31:18	3:55	6:18
112-105	Casey Van Dorp		E1	152	32:41	4:06	6:35
116-108	Ethan Scott		R	150	33:58	4:15	6:50
119-111	Eric Hill 2		E2	145	35:57	4:30	7:14
118-110	Magnus Krever		E2	147	35:44	4:28	7:12
Top 5 Total Time:		2:20:46			Top 5 Average Time:	28:10	
Top 5 Average per KM:		3:32			Top 5 Average Per MILE:	5:40	
1 - 5 Split:		3:08			1 - 7 Split:	3:44	
Top 7 Total Time:		3:21:19			Top 7 Average Time:	28:46	

TEAM: BROCK BADGERS SCORE: 315 PLACE: 10

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
47-44	Jacques Tiessen		E3	123	27:06	3:24	5:28
56-52	Joseph Dick		E3	115	27:20	3:25	5:30
71-67	Luke Patrick		E3	120	28:32	3:34	5:45
78-74	Nick Reimer		E2	121	28:54	3:37	5:49
82-78	Duncan Steyn		E3	122	29:05	3:39	5:52
=====							
89-85	Jarryd Ling		E3	119	29:31	3:42	5:57
102-95	Riley Coles		R	114	30:28	3:49	6:08
=====							
Top 5 Total Time:		2:20:57			Top 5 Average Time:	28:12	
Top 5 Average per KM:		3:32			Top 5 Average Per MILE:	5:41	
1 - 5 Split:		1:59			1 - 7 Split:	3:22	
Top 7 Total Time:		3:20:56			Top 7 Average Time:	28:43	

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TEAM: WATERLOO WARRIORS SCORE: 336 PLACE: 11

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
59-55	Adam Huras		R	209	27:40	3:28	5:34
69-65	Massimo Calcagno		R	208	28:29	3:34	5:44
76-72	Jonathan Lysack		R	211	28:39	3:35	5:46
75-71	Alexander Stratmoen		R	213	28:39	3:35	5:46
77-73	Josh Bird		E3	207	28:50	3:37	5:49
=====							
87-83	Riley Mills		E1	212	29:25	3:41	5:56
106-99	Ryan Beauregard		R	206	31:05	3:54	6:16
=====							
108-101	Vraj Thakar		R	214	31:40	3:58	6:23
Top 5 Total Time:		2:22:17			Top 5 Average Time:	28:28	
Top 5 Average per KM:		3:34			Top 5 Average Per MILE:	5:44	
1 - 5 Split:		1:10			1 - 7 Split:	3:25	
Top 7 Total Time:		3:22:47			Top 7 Average Time:	28:59	

TEAM: LAURENTIAN VOYAGEURS SCORE: 347 PLACE: 12

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
52-48	Keon Wallingford		E2	141	27:16	3:25	5:30
63-59	Calum Passi		R	139	27:54	3:30	5:37
79-75	Paul Sagriff		E3	140	28:59	3:38	5:50
81-77	Nicholas Lambert		E2	137	29:03	3:38	5:51
92-88	Cameron Date		E2	134	29:37	3:43	5:58
=====							
104-97	Patrick Leroux		R	138	30:43	3:51	6:11
109-102	Adam Kalab		E2	136	31:44	3:58	6:24
=====							
110-103	Cameron Heinz		R	135	31:47	3:59	6:24
Top 5 Total Time:		2:22:49			Top 5 Average Time:	28:34	
Top 5 Average per KM:		3:35			Top 5 Average Per MILE:	5:45	
1 - 5 Split:		2:21			1 - 7 Split:	4:28	
Top 7 Total Time:		3:25:16			Top 7 Average Time:	29:20	

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TEAM: NIPISSING LAKERS

SCORE: 425

PLACE: 13

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
72-68	Ethan Aarts		R	171	28:34	3:35	5:45
80-76	Alex Maycock		E2	177	29:03	3:38	5:51
88-84	Matthew Leale		E1	175	29:29	3:42	5:56
99-93	Oliver Czerny-Holownia		R	173	30:03	3:46	6:03
111-104	Noah Sullivan		E1	178	31:53	4:00	6:25
=====							
114-106	Andrew Machan		E1	176	33:04	4:08	6:40
115-107	Noah Cornish		E2	172	33:17	4:10	6:42
=====							
117-109	Carter Henschel		E2	174	34:59	4:23	7:03
Top 5 Total Time:		2:29:02		Top 5 Average Time:		29:49	
Top 5 Average per KM:		3:44		Top 5 Average Per MILE:		6:00	
1 - 5 Split:		3:19		1 - 7 Split:		4:43	
Top 7 Total Time:		3:35:23		Top 7 Average Time:		30:47	

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START @ 10:00am

Conditions: °C

MEET RECORD: first time for Women 8K at Western Inviational

! COURSE RECORD: Brogan MacDougall Queen's Gaels 28:03.00 27-Oct2018

\$ POINTS RECORD: Osaka Japan '02 McMaster 2010 28 pts

% TEAM TIME RECORD: Guelph Gryphons 1:47:33 [sum of 5] avg 21:30 for 5 CIS 2013

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	GUELPH GRYPHONS	51	2-3-12-14-20	29-33	2:33:25	3:51	30:41	1:29
2	WESTERN MUSTANGS	72	5-6-17-21-23	24-30	2:35:33	3:54	31:07	1:23
3	MCMASTER MARAUDERS	76	8-10-15-18-25	26-34	2:36:02	3:55	31:13	1:14
4	LAVAL ROUGE ET OR	77	1-4-7-27-38	48-51	2:35:03	3:53	31:01	2:45
5	QUEENS GAELS	130	9-19-31-35-36	56-71	2:39:22	4:00	31:53	1:41
6	TORONTO VARSITYBLUES	157	11-22-28-47-49	70-85	2:41:40	4:03	32:20	2:32
7	WINDSOR LANCERS	195	13-16-44-60-62	69-72	2:44:11	4:07	32:51	3:27
8	WATERLOO WARRIORS	214	32-37-40-52-53	61-65	2:44:48	4:08	32:58	1:28
9	LAURIER GOLDEN HAWKS	346	54-64-74-75-79	86-90	2:55:15	4:23	35:03	2:10
10	NIPISSING LAKERS	356	39-57-84-87-89		3:02:49	4:35	36:34	7:49
11	LAURENTIAN VOYAGEURS	390	63-68-80-88-91		3:09:40	4:45	37:56	9:56
	UNB REDS		41					

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	29	Catherine Beauchemin		E3	LAVAL ROUGE ET OR	1	3:44	29:50
2	2	4	Kiana Gibson		E4	GUELPH GRYPHONS	1	3:45	29:54
3	3	6	Sadie-Jane Hickson		E4	GUELPH GRYPHONS	2	3:45	29:56
4	4	30	Jade Berube		E2	LAVAL ROUGE ET OR	2	3:45	29:59
5	5	88	Anna Carruthers		E2	WESTERN MUSTANGS	1	3:48	30:22
6	6	93	Heidi Ohrling		E3	WESTERN MUSTANGS	2	3:50	30:33
7	7	35	Sara-Pier Paquet		R	LAVAL ROUGE ET OR	3	3:50	30:40
8	8	44	Erin Mawhinney		E5	MCMASTER MARAUDERS	1	3:50	30:40
9	9	56	Charlotte Langley		E1	QUEENS GAELS	1	3:52	30:51
10	10	46	Kaitlyn Treleaven		R	MCMASTER MARAUDERS	2	3:53	30:57
11	11	71	Jazz Shukla		5	TORONTO VARSITYBLUES	1	3:53	30:58
12	12	2	Annika Ariano		E2	GUELPH GRYPHONS	3	3:54	31:05
13	13	100	Sydney Pattison		E5	WINDSOR LANCERS	1	3:54	31:06
14	14	10	Olivia Roussel		E2	GUELPH GRYPHONS	4	3:54	31:07
15	15	38	Hannah Goodjohn		E2	MCMASTER MARAUDERS	3	3:55	31:13
16	16	102	Samara Quanz		R	WINDSOR LANCERS	2	3:55	31:16
17	17	87	Zoe Burke		E3	WESTERN MUSTANGS	3	3:55	31:18
18	18	37	Caroline Forbes		E3	MCMASTER MARAUDERS	4	3:55	31:18
19	19	58	Manon Plouvier		E3	QUEENS GAELS	2	3:55	31:18
20	20	5	Sandra Guga		E2	GUELPH GRYPHONS	5	3:56	31:23
21	21	92	Chloe Hewitt		E5	WESTERN MUSTANGS	4	3:57	31:35
22	22	69	Christina Esposito		2	TORONTO VARSITYBLUES	2	3:58	31:42
23	23	89	Chloe Coutts		R	WESTERN MUSTANGS	5	3:59	31:45
24	24	95	Stephanie Ryall		E5	WESTERN MUSTANGS	6	3:59	31:47
25	25	45	Sarah Nolan		E3	MCMASTER MARAUDERS	5	4:00	31:54

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26	26	40	Victoria Lamb	R	MCMASTER MARAUDERS	6	4:00	31:58
27	27	32	Béatrice Gilbert	R	LAVAL ROUGE ET OR	4	4:00	31:59
28	28	70	Sophie Levasseur	R	TORONTO VARSITYBLUES	3	4:01	32:07
29	29	9	Catie Robinson	E1	GUELPH GRYPHONS	6	4:02	32:10
30	30	96	Jenna Schulz	E2	WESTERN MUSTANGS	7	4:02	32:10
31	31	62	Jade Watson	E4	QUEENS GAELS	3	4:02	32:13
32	32	79	Kathleen Schaeff	E1	WATERLOO WARRIORS	1	4:02	32:14
33	33	7	Emma Hubbard	E4	GUELPH GRYPHONS	7	4:03	32:20
34	34	39	Hope Harnack	E3	MCMASTER MARAUDERS	7	4:04	32:27
35	35	54	Tamara Goddard	E1	QUEENS GAELS	4	4:04	32:28
36	36	57	Robyn Perry	E1	QUEENS GAELS	5	4:04	32:32
37	37	81	Natalie Tsang	R	WATERLOO WARRIORS	2	4:05	32:33
38	38	36	Marie-Eve Turcotte	E4	LAVAL ROUGE ET OR	5	4:05	32:35
39	39	50	Kaitlyn L'Abbe	E1	NIPISSING LAKERS	1	4:05	32:39
40	40	78	Megan Richer	E1	WATERLOO WARRIORS	3	4:05	32:40
41		73	Ivy Bialowas	R	UNB REDS	1	4:06	32:42
42	41	8	Laura Kuszaj	R	GUELPH GRYPHONS	8	4:07	32:52
43	42	42	Olivia MacAskill	E2	MCMASTER MARAUDERS	8	4:07	32:55
44	43	97	Aly White	E2	WESTERN MUSTANGS	8	4:08	32:59
45	44	101	Lauren Perkins	E3	WINDSOR LANCERS	3	4:10	33:13
46	45	47	Kaylee White	E2	MCMASTER MARAUDERS	9	4:10	33:15
47	46	94	Laura Parkinson	E4	WESTERN MUSTANGS	9	4:10	33:19
48	47	72	Annemike Tucker	2	TORONTO VARSITYBLUES	4	4:11	33:23
49	48	34	Sabrina Lavigne	E2	LAVAL ROUGE ET OR	6	4:11	33:25
50	49	65	E.J. Boston	R	TORONTO VARSITYBLUES	5	4:12	33:30
51	50	41	Amanda Lewis	E2	MCMASTER MARAUDERS	10	4:12	33:35
52	51	31	Florence Caron	R	LAVAL ROUGE ET OR	7	4:12	33:36
53	52	76	Ria Jayaram	R	WATERLOO WARRIORS	4	4:13	33:39
54	53	74	Claudia Heeney	R	WATERLOO WARRIORS	5	4:13	33:42
55	54	23	Elizabeth Drake	E2	LAURIER GOLDEN HAWKS	1	4:14	33:45
56	55	33	Noemy Lacasse	E1	LAVAL ROUGE ET OR	8	4:14	33:50
57	56	60	Maddie Smart-Reed	E3	QUEENS GAELS	6	4:15	33:55
58	57	48	Emily Gibson	E3	NIPISSING LAKERS	2	4:15	33:57
59	58	1	Julia Agostinelli	E1	GUELPH GRYPHONS	9	4:15	33:57
60	59	86	Emily-Rose Boston	E3	WESTERN MUSTANGS	10	4:15	34:00
61	60	98	Megan Koski	E3	WINDSOR LANCERS	4	4:16	34:03
62	61	83	Olivia Vanleeuwen	R	WATERLOO WARRIORS	6	4:19	34:28
63	62	99	Meg Mooney	E3	WINDSOR LANCERS	5	4:20	34:33
64	63	14	Angela Mozzon	E2	LAURENTIAN VOYAGEURS	1	4:20	34:34
65	64	20	Nicole Beach	E1	LAURIER GOLDEN HAWKS	2	4:20	34:39
66	65	82	Amanda Ungar	R	WATERLOO WARRIORS	7	4:21	34:42
67	66	3	Gabriella Eastwood	R	GUELPH GRYPHONS	10	4:21	34:46
68	67	91	Sophie Glanz	E1	WESTERN MUSTANGS	11	4:21	34:47

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69	68	15	Kristen Mrozewski	R	LAURENTIAN VOYAGEURS	2	4:22	34:50
70	69	103	Mya Viavla	E4	WINDSOR LANCERS	6	4:22	34:52
71	70	66	Julia Bourtin	R	TORONTO VARSITYBLUES	6	4:22	34:55
72	71	61	Katherine Taylor	E1	QUEENS GAELS	7	4:24	35:10
73	72	105	Natalie Whitten	E3	WINDSOR LANCERS	7	4:25	35:15
74	73	59	Hannah Pushka	R	QUEENS GAELS	8	4:26	35:21
75	74	28	Mary Tennant	R	LAURIER GOLDEN HAWKS	3	4:26	35:23
76	75	19	Hannah Badin	E2	LAURIER GOLDEN HAWKS	4	4:27	35:33
77	76	106	Camryn Williams	E2	WINDSOR LANCERS	8	4:27	35:34
78	77	80	Ella Symon	R	WATERLOO WARRIORS	8	4:29	35:48
79	78	85	Emma Young	E2	WATERLOO WARRIORS	9	4:30	35:54
80	79	27	Audrey Rieckenberg	R	LAURIER GOLDEN HAWKS	5	4:30	35:55
81	80	12	Sarah Booth	R	LAURENTIAN VOYAGEURS	3	4:31	36:07
82	81	75	Sarah Ieropoli	R	WATERLOO WARRIORS	10	4:32	36:16
83	82	55	Nicole Krysa	E1	QUEENS GAELS	9	4:33	36:21
84	83	84	Claire Vernon-Pope	R	WATERLOO WARRIORS	11	4:33	36:23
85	84	53	Jaime Schweyer	E2	NIPISSING LAKERS	3	4:37	36:52
86	85	68	Joud Dabous	R	TORONTO VARSITYBLUES	7	4:39	37:12
87	86	26	Piper Lafayette	E2	LAURIER GOLDEN HAWKS	6	4:44	37:48
88	87	52	Sina Scholz	E1	NIPISSING LAKERS	4	4:52	38:53
89	88	18	Ashley Valentini	E2	LAURENTIAN VOYAGEURS	4	4:58	39:39
90	89	49	Stephanie Knowles	E5	NIPISSING LAKERS	5	5:04	40:28
91	90	25	Alex Hankins	R	LAURIER GOLDEN HAWKS	7	5:16	42:04
92	91	13	Kylie Esposito	R	LAURENTIAN VOYAGEURS	5	5:34	44:30

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TEAM: GUELPH GRYPHONS SCORE: 51 PLACE: 1

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Kiana Gibson		E4	4	29:54	3:45	6:01
3-3	Sadie-Jane Hickson		E4	6	29:56	3:45	6:02
12-12	Annika Ariano		E2	2	31:05	3:54	6:16
14-14	Olivia Roussel		E2	10	31:07	3:54	6:16
20-20	Sandra Guga		E2	5	31:23	3:56	6:19
29-29	Catie Robinson		E1	9	32:10	4:02	6:29
33-33	Emma Hubbard		E4	7	32:20	4:03	6:31
42-41	Laura Kuszaj		R	8	32:52	4:07	6:37
59-58	Julia Agostinelli		E1	1	33:57	4:15	6:50
67-66	Gabriella Eastwood		R	3	34:46	4:21	7:00
Top 5 Total Time:		2:33:25	Top 5 Average Time:		30:41		
Top 5 Average per KM:		3:51	Top 5 Average Per MILE:		6:11		
1 - 5 Split:		1:29	1 - 7 Split:		2:26		
Top 7 Total Time:		3:37:55	Top 7 Average Time:		31:08		

TEAM: WESTERN MUSTANGS SCORE: 72 PLACE: 2

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
6-6	Heidi Ohrling		E3	93	30:33	3:50	6:09
5-5	Anna Carruthers		E2	88	30:22	3:48	6:07
17-17	Zoe Burke		E3	87	31:18	3:55	6:18
21-21	Chloe Hewitt		E5	92	31:35	3:57	6:22
23-23	Chloe Coutts		R	89	31:45	3:59	6:24
24-24	Stephanie Ryall		E5	95	31:47	3:59	6:24
30-30	Jenna Schulz		E2	96	32:10	4:02	6:29
44-43	Aly White		E2	97	32:59	4:08	6:39
47-46	Laura Parkinson		E4	94	33:19	4:10	6:43
60-59	Emily-Rose Boston		E3	86	34:00	4:15	6:51
68-67	Sophie Glanz		E1	91	34:47	4:21	7:00
Top 5 Total Time:		2:35:33	Top 5 Average Time:		31:07		
Top 5 Average per KM:		3:54	Top 5 Average Per MILE:		6:16		
1 - 5 Split:		1:23	1 - 7 Split:		1:48		
Top 7 Total Time:		3:39:30	Top 7 Average Time:		31:22		

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TEAM: MCMMASTER MARAUDERS SCORE: 76 PLACE: 3

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
8-8	Erin Mawhinney		E5	44	30:40	3:50	6:11
10-10	Kaitlyn Treleaven		R	46	30:57	3:53	6:14
15-15	Hannah Goodjohn		E2	38	31:13	3:55	6:17
18-18	Caroline Forbes		E3	37	31:18	3:55	6:18
26-26	Victoria Lamb		R	40	31:58	4:00	6:26
=====							
25-25	Sarah Nolan		E3	45	31:54	4:00	6:26
34-34	Hope Harnack		E3	39	32:27	4:04	6:32
=====							
43-42	Olivia MacAskill		E2	42	32:55	4:07	6:38
46-45	Kaylee White		E2	47	33:15	4:10	6:42
51-50	Amanda Lewis		E2	41	33:35	4:12	6:46
Top 5 Total Time:		2:36:02			Top 5 Average Time:		31:13
Top 5 Average per KM:		3:55			Top 5 Average Per MILE:		6:17
1 - 5 Split:		1:14			1 - 7 Split:		1:47
Top 7 Total Time:		3:40:27			Top 7 Average Time:		31:30

TEAM: LAVAL ROUGE ET OR SCORE: 77 PLACE: 4

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Catherine Beauchemin		E3	29	29:50	3:44	6:01
4-4	Jade Berube		E2	30	29:59	3:45	6:02
7-7	Sara-Pier Paquet		R	35	30:40	3:50	6:11
27-27	Béatrice Gilbert		R	32	31:59	4:00	6:27
38-38	Marie-Eve Turcotte		E4	36	32:35	4:05	6:34
=====							
49-48	Sabrina Lavigne		E2	34	33:25	4:11	6:44
52-51	Florence Caron		R	31	33:36	4:12	6:46
=====							
56-55	Noemy Lacasse		E1	33	33:50	4:14	6:49
Top 5 Total Time:		2:35:03			Top 5 Average Time:		31:01
Top 5 Average per KM:		3:53			Top 5 Average Per MILE:		6:15
1 - 5 Split:		2:45			1 - 7 Split:		3:46
Top 7 Total Time:		3:42:04			Top 7 Average Time:		31:44

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TEAM: QUEENS GAELS SCORE: 130 PLACE: 5

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
9-9	Charlotte Langley		E1	56	30:51	3:52	6:13
19-19	Manon Plouvier		E3	58	31:18	3:55	6:18
31-31	Jade Watson		E4	62	32:13	4:02	6:29
35-35	Tamara Goddard		E1	54	32:28	4:04	6:32
36-36	Robyn Perry		E1	57	32:32	4:04	6:33
57-56	Maddie Smart-Reed		E3	60	33:55	4:15	6:50
72-71	Katherine Taylor		E1	61	35:10	4:24	7:05
74-73	Hannah Pushka		R	59	35:21	4:26	7:07
83-82	Nicole Krysa		E1	55	36:21	4:33	7:19
Top 5 Total Time:		2:39:22			Top 5 Average Time:	31:53	
Top 5 Average per KM:		4:00			Top 5 Average Per MILE:	6:25	
1 - 5 Split:		1:41			1 - 7 Split:	4:19	
Top 7 Total Time:		3:48:27			Top 7 Average Time:	32:39	

TEAM: TORONTO VARSITYBLUES SCORE: 157 PLACE: 6

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
11-11	Jazz Shukla		5	71	30:58	3:53	6:14
22-22	Christina Esposito		2	69	31:42	3:58	6:23
28-28	Sophie Levasseur		R	70	32:07	4:01	6:28
48-47	Annemike Tucker		2	72	33:23	4:11	6:43
50-49	E.J. Boston		R	65	33:30	4:12	6:45
71-70	Julia Bourtin		R	66	34:55	4:22	7:02
86-85	Joud Dabous		R	68	37:12	4:39	7:29
Top 5 Total Time:		2:41:40			Top 5 Average Time:	32:20	
Top 5 Average per KM:		4:03			Top 5 Average Per MILE:	6:31	
1 - 5 Split:		2:32			1 - 7 Split:	6:14	
Top 7 Total Time:		3:53:47			Top 7 Average Time:	33:24	

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TEAM: WINDSOR LANCERS SCORE: 195 PLACE: 7

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
13-13	Sydney Pattison		E5	100	31:06	3:54	6:16
16-16	Samara Quanz		R	102	31:16	3:55	6:18
45-44	Lauren Perkins		E3	101	33:13	4:10	6:41
61-60	Megan Koski		E3	98	34:03	4:16	6:51
63-62	Meg Mooney		E3	99	34:33	4:20	6:58
70-69	Mya Viavla		E4	103	34:52	4:22	7:01
73-72	Natalie Whitten		E3	105	35:15	4:25	7:06
77-76	Camryn Williams		E2	106	35:34	4:27	7:10
Top 5 Total Time:		2:44:11			Top 5 Average Time:	32:51	
Top 5 Average per KM:		4:07			Top 5 Average Per MILE:	6:37	
1 - 5 Split:		3:27			1 - 7 Split:	4:09	
Top 7 Total Time:		3:54:18			Top 7 Average Time:	33:29	

TEAM: WATERLOO WARRIORS SCORE: 214 PLACE: 8

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
32-32	Kathleen Schaef		E1	79	32:14	4:02	6:30
37-37	Natalie Tsang		R	81	32:33	4:05	6:33
40-40	Megan Richer		E1	78	32:40	4:05	6:35
53-52	Ria Jayaram		R	76	33:39	4:13	6:47
54-53	Claudia Heeney		R	74	33:42	4:13	6:47
62-61	Olivia Vanleeuwen		R	83	34:28	4:19	6:57
66-65	Amanda Ungar		R	82	34:42	4:21	6:59
79-78	Emma Young		E2	85	35:54	4:30	7:14
78-77	Ella Symon		R	80	35:48	4:29	7:13
82-81	Sarah Ieropoli		R	75	36:16	4:32	7:18
84-83	Claire Vernon-Pope		R	84	36:23	4:33	7:20
Top 5 Total Time:		2:44:48			Top 5 Average Time:	32:58	
Top 5 Average per KM:		4:08			Top 5 Average Per MILE:	6:38	
1 - 5 Split:		1:28			1 - 7 Split:	2:28	
Top 7 Total Time:		3:53:58			Top 7 Average Time:	33:26	

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TEAM: LAURIER GOLDEN HAWKS SCORE: 346 PLACE: 9

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
55-54	Elizabeth Drake		E2	23	33:45	4:14	6:48
65-64	Nicole Beach		E1	20	34:39	4:20	6:59
76-75	Hannah Badin		E2	19	35:33	4:27	7:10
75-74	Mary Tennant		R	28	35:23	4:26	7:08
80-79	Audrey Rieckenberg		R	27	35:55	4:30	7:14
=====							
87-86	Piper Lafayette		E2	26	37:48	4:44	7:37
91-90	Alex Hankins		R	25	42:04	5:16	8:28
=====							
Top 5 Total Time:		2:55:15		Top 5 Average Time:		35:03	
Top 5 Average per KM:		4:23		Top 5 Average Per MILE:		7:04	
1 - 5 Split:		2:10		1 - 7 Split:		8:19	
Top 7 Total Time:		4:15:07		Top 7 Average Time:		36:27	

TEAM: NIPISSING LAKERS SCORE: 356 PLACE: 10

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
39-39	Kaitlyn L'Abbe		E1	50	32:39	4:05	6:35
58-57	Emily Gibson		E3	48	33:57	4:15	6:50
85-84	Jaime Schweyer		E2	53	36:52	4:37	7:25
88-87	Sina Scholz		E1	52	38:53	4:52	7:50
90-89	Stephanie Knowles		E5	49	40:28	5:04	8:09
=====							
Top 5 Total Time:		3:02:49		Top 5 Average Time:		36:34	
Top 5 Average per KM:		4:35		Top 5 Average Per MILE:		7:22	
1 - 5 Split:		7:49		1 - 7 Split:			
Top 7 Total Time:				Top 7 Average Time:			

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TEAM: LAURENTIAN VOYAGEURS SCORE: 390 PLACE: 11

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
64-63	Angela Mozzon		E2	14	34:34	4:20	6:58
69-68	Kristen Mrozewski		R	15	34:50	4:22	7:01
81-80	Sarah Booth		R	12	36:07	4:31	7:16
89-88	Ashley Valentini		E2	18	39:39	4:58	7:59
92-91	Kylie Esposito		R	13	44:30	5:34	8:58

Top 5 Total Time:	3:09:40	Top 5 Average Time:	37:56
Top 5 Average per KM:	4:45	Top 5 Average Per MILE:	7:38
1 - 5 Split:	9:56	1 - 7 Split:	
Top 7 Total Time:		Top 7 Average Time:	